

ADULT AUTISM ADVANCED

July - December 2024

WHO IS THE TRAINING FOR?

Psychiatrists, psychologists, occupational therapists, social workers, speech pathologists, mental health nurses and peer support workers.

WHO PROVIDES THE TRAINING?

Monash Mental Health Care and Adult Autism Project (MHAAP) Team
(part of Monash Health's Adult Mental Health Program)

- Dr. Aspasia Stacey Rabba, Autism Coordinator (MHAAP) and Senior Clinical Psychologist
- Dr. Umesh Babu, Consultant Psychiatrist (MHAAP)

Mindful Autism Team

- Frances Saunders, Senior Speech Pathologist & Statewide ICYMHS Autism Coordinator
- Jo Rouse, Senior Occupational Therapist & Mindful Autism clinician

Lived and living experience presenters

WHAT DOES THE TRAINING INCLUDE?

This 2-day live webinar will focus on providing mental health clinicians working with adults, practical tools for assessing and understanding how autism presents in adults. Topics covered will include:

- Best practice tools and processes for screening and diagnostic assessment of autism in adults.
- Common co-occurring mental health and neurodevelopmental differences in autistic adults.
- Case example of an adult autism assessment, including formulation.
- Neuroaffirming feedback processes and recommendations for post diagnostic support.
- Lived and living experience perspectives.

Please note this training does not focus on moderate to severe intellectual disability and associated behavioural interventions. Please contact Mindful for further information with regards to training options in this area.

Pre-reading materials will be emailed 1-2 weeks before the workshop. This information will be assumed knowledge for the training.

PREREQUISITE TRAINING

Adult Autism Introductory Course (online on-demand training module) OR the one-day live webinar **Adult Autism Introductory** (offered 2019 - 2022). **For further information please see our Frequently Asked Questions website page.**

View all our Autism training workshops at:

<https://mindful.org.au/asd-training>

Please note:

We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

Where are we?

Mindful - Centre for Training and Research in Developmental Health
Department of Psychiatry,
University of Melbourne

Building C, 50 Flemington Street,
Travancore VIC 3032



This training will be delivered as a live webinar via Zoom unless otherwise indicated.

Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at:

✉ mindful-asd@unimelb.edu.au



DATE: (9:00AM - 4:30PM)

Thursday 31st Oct - Friday 1st Nov (live webinar)

COST: \$450

Subsidised rate of \$250 available to Victorian CYMHS/CAMHS/ICYMHS: including Orygen, Victorian headspace, ACCHO/ACCHS, Take Two clinicians, and clinicians employed at Victorian publicly funded Adult Mental Health Services (including Forensicare).

Register online at <https://mindful.org.au/asd-training>



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